

## **Blue Mountain Adventure Camp COVID-19 Safety Protocols**

*In light of COVID-19 pandemic and the reopening of our business, the following policies have been put into place to make our Summer Camps compliant with CDC, State, and ACA (American Camp Association) guidelines. The below guidelines will be mandatory for all camp staff, interns, and volunteers. The below guidelines will be enforced, where possible per individual, for all of our guests and campers.*

### **General Guidelines to be Enforced throughout Camp Day:**

#### **1. Stay Home when not you're not healthy**

- a. Staff and campers should stay home if they have tested positive for COVID-19, are showing any of the symptoms of COVID-19, or have been in close contact with someone who has had symptoms of COVID-19.
- b. If a staff member or camper comes to camp with any of the symptoms listed by the CDC as COVID-19 symptoms, they will be isolated from the group and sent home immediately.
- c. To encourage parents and campers to stay home when they're sick, experiencing symptoms, or exposed to someone showing symptoms, we are offering refunds for any missed days of camp.

#### **2. Temperature Checks for all children and staff will be conducted upon arrival each day**

- a. Temperatures will be confidentially taken each day and recorded as a pass or fail of the temperature checks (*to stay in accordance with HIPAA privacy rules*). If a person comes in with a temperature higher than 100.4 degrees Fahrenheit, they will be sent home immediately.
- b. Overnight campers will have their temperature checked twice a day, around breakfast and dinner.
- c. Staff, interns, and volunteers are required to be symptom-free for at least 2 weeks before interacting with campers or other staff

#### **3. Social Distancing will be enforced whenever possible**

- a. Activities, games, crafts, and curriculum have been adapted to encourage social distancing whenever possible.
- b. When social distancing is not possible, masks will be mandatory.

#### **4. General Hygiene and Regular hand washing**

- a. There will be regular hand washing throughout the day as well as designated times they are required to wash their hands (ie. before lunch or after a group activity)
- b. Limit the amount you touch your face and counselors will help enforce with campers.
- c. To make these "rules" more fun, camp counselors have designed games to teach proper techniques like appropriate and effective hand washing.

- d. When a camper or staff sneeze or cough, safe practices will be encouraged and hand washing will be required afterward.
- 5. Sanitizer used when hand washing is not as easily available**
  - a. There will be times your camper will be out on the preserve and will not have access to handwashing stations. Camp counselors will have sanitizer with them at all times and will regularly be offering it to the campers.
- 6. Cloth face masks are mandatory to pack.**
  - a. Cloth Face Masks are required to be with the camper at all times and will be encouraged to be worn as often as possible.
    - i. Masks are not but will be encouraged to be worn whenever proper social distancing measures can not be taken.
  - b. Staff, interns, and volunteers are mandated to wear masks throughout their shift unless it would pose a danger to their health at any point (*i.e. if they're in the creek with children doing a creek study*)
  - c. Cloth Face Masks are not being provided by the Blue Mountain for each camper on their first day. It is an expectation that each camper will supply their own mask and that the mask will go home with the camper, be washed, and come back to camp with them the next day.
  - d. Bandanas will be provided to campers at some point during the week.
- 7. Whenever possible, outside activities will be prioritized and indoor spaces will be avoided**
  - a. Activities, games, crafts, and curriculum have been adapted to encourage as much outside time as possible
  - b. The camp will go on rain or shine and campers should expect to stay outside, rain or shine unless it is dangerous for any reason (*i.e. thunderstorms*)
  - c. When needed, indoor spaces are available for campers to utilize but masks will be strongly encouraged indoors when social distancing is not possible.

#### **Camper Drop Off and Pick Up Policies:**

- 1. Adults dropping off or picking up their kids should not leave their car**
  - a. An employee will retrieve your child from your vehicle or deliver the child to your vehicle directly.
- 2. Parents are encouraged to wear masks while dropping off or picking up their children, even if they remain in their vehicles.**
- 3. Parents are expected to stay in their car while we perform a temperature check on their child.**
  - a. If the child fails the temp check, they will be given back to the parent immediately.
- 4. During drop off and pick up, each camp group will be kept separate to avoid mixing.**
- 5. Staff will be doing their best to maintain appropriate social distancing from other adults during these times.**

## **6. Please plan for a lengthier drop off and pick up experience than normal.**

Blue Mountain will be open to the general public in accordance with CDC and State guidelines and expectations. In addition to a much longer list, the following things are in place to ensure the safety of all of our guests, staff, interns, volunteers, and animals:

- Campers will be encouraged to wear masks when social distancing inside is not possible for the individual
- Appropriate signage throughout camp informing people on safe COVID-19 practices
- Access to necessary supplies including hand washing and sanitizer
- Cleaning and disinfecting practices throughout the camp
  - In accordance with any CDC, state, or ACA guidelines, Blue Mountain is actively sanitizing and cleaning any shared spaces on a regular basis.
  - In accordance with any CDC, state, or ACA guidelines, Blue Mountain is actively sanitizing and cleaning any shared objects on a regular basis.

### **Additional Efforts Blue Mountain is taking to protect their Summer Camp Guests:**

- Camp Groups have been modified and we are limiting the mixing of groups as best as possible.
  - Group sizes have been cut down to minimize the number of campers together
  - The same two counselors will be assigned to the same group of children for the whole week to minimize exposure
  - The campers will stay in the same group throughout the week (cohort)
  - Group mixing will be avoided whenever possible
- Pre-packaged, individual lunches will be provided by the counselors during the day.
  - Campers will not be permitted to share items, including siblings in other groups.
- Mealtimes will be staggered to avoid large groups numbers in any given area.
- Children will eat at the same table as their group and outdoor seating will be made available whenever possible. Assigned seating will be put in place for meal time to limit outside contact.
- High Ropes
  - Groups will visit the summit aerial park on different days of the week to limit the number of individuals in one given area.
  - Counselors will be in charge of outfitting their groups with helmets/harnesses to limit outside contact.
  - All specialists will wear face-covering when attaching campers to ziplines and assisting when social distancing is not feasible.
  - All campers will be expected to wash their hands before and after using any high ropes feature.
  - One PFD, helmet, paddle, and kayak/paddleboard will be issued per camper. PFDs and helmets will be washed/disinfected (within manufacturer guidelines) after each use. Paddleboards and paddles will be washed/disinfected (within manufacturer guidelines) after each use. Masks will not be worn during water

activities - proper distancing will be maintained while preparing equipment and during the activity. Campers and staff will wash their hands prior to moving equipment to the pond and following the activity.

- **Transportation:** Vehicles will be stocked with appropriate supplies for disinfection before and after use. Campers will be assigned seats and spaced apart. Windows will be open to circulate air whenever possible.

- **Overnight**

**Housing:**

- Staff members will be assigned to a tent throughout the program and will not be rotated for the entire week. Once campers are grouped, a roster of all campers and tents will be made; campers will not rotate between tents.
- Tent access will be limited only to individuals who reside in that tent; no outside visitors or parents are permitted in the tents.
- All cabin residents will use hand sanitizer for at least 20 seconds upon entry to their cabin.
- Campers will keep personal belongings organized and separate from that of the other campers
- Common items such as (pillows, bedding, etc.) will not be shared between tent members.
- Tents will be cleaned routinely by tent members.

**Bathroom:**

- Bathroom supplies (towels, soap, toothpaste, etc.) will not be shared. Campers are required to bring their own bathroom supplies and a container for toiletries to be stored in a cubby for the duration of camp. Campers are required to keep personal items in their bag or tote and store that bag or tote in a designated area.
- Campers will follow a shower schedule to limit the number of people using the facilities at one time.

**Sleeping:**

- Campers will sleep head to toe in bunk beds. For side-by-side beds, the head of the camper in one bed will be opposite the position of the camper in the adjacent bunk. For end-to-end beds, the toes will be positioned so they are close to the toes of the other camper.

**Reporting a Sick Camper:**

- If your camper is not healthy enough to attend camp at the standards of the CDC, please email [sburt@skibluemt.com](mailto:sburt@skibluemt.com) or call 484-633-5272.
- If another camper tests positive for COVID-19 during one of the weeks your child is attending camp, you will be contacted with general information. Any personal information will be kept private.

**Note for Campers at Higher Risk for Illness or who are Immunocompromised:**

- We value the privacy of our campers. If your camper needs special circumstances or requirements due to a higher risk for illness or they are immunocompromised, please reach out to Sue Burt ( [sburt@skibluemt.com](mailto:sburt@skibluemt.com) ) **BEFORE** registering for camp to discuss possible modifications or options.

**According to the CDC, people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. As of 6/10/2020, the CDC reports:**

*“Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:*

- *Fever or chills*
- *Cough*
- *Shortness of breath or difficulty breathing*
- *Fatigue*
- *Muscle or body aches*
- *Headache*
- *New loss of taste or smell*
- *Sore throat*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Diarrhea*

*This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.”*

**Sources:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>