



# HANDBOOK

# 2019

## **MISSION STATEMENT**

*The mission of Blue Mountain Adventure Camp is to cultivate personal growth and leadership skills in a fun and safe outdoor environment. From traditional camp games to high ropes courses, we work with our campers from the “ground up” to build confidence and skills that will last a lifetime. Our adventure-based activities are carefully selected to provide challenge, excitement, and a sense of personal accomplishment to the camper.*

## **SUPERVISION**

Our counselors strive to make camp life fun, while practicing safety first! The counselor serves as a “parent figure” during your child’s stay. Please talk to your child about the importance of communicating with his or her counselor should issues arise that negatively impact his or her camp experience. It is our goal to first prevent and then correct any problems that occur at camp, however we cannot correct a situation we are not aware of.

## **GENERAL CAMP RULES**

Please make sure your child is familiar with the following rules:

1. Campers are not permitted to make or receive phone calls during regular camp hours between 9:00 am and 5:00 pm unless prior arrangements are made through the camp office.
2. Make sure your counselor knows where you are at all times and do not go anywhere alone.
3. Respect others & their belongings. Keep your hands to yourself.
4. If you have a problem, please speak to a counselor about it as soon as possible.
5. Please take care of any equipment or supplies that you use at Blue Mountain Adventure Camp and remember that campers are expected to clean up after themselves.
6. Closed-toed shoes must be worn at all times. Open-toed shoes are not permitted.
7. Respect the counselors. Follow their instructions.

## **WHAT TO WEAR: DAY & OVERNIGHT CAMPERS**

Blue Mountain Adventure Camp is an outdoor oriented activity camp. Please send your child to camp with comfortable, modest, weather-appropriate clothing, towel, extra pair of sneakers or water shoes, and bathing suit. Be aware that he/she will be participating in outdoor activities, arts and crafts, and other activities that may soil clothing. Please bring a backpack to store all items needed throughout the day, including a change of clothes/bathing suit. Open toed shoes are not permitted at camp. Please send a refillable water bottle each day. Bring sunscreen or apply before coming to camp. Campers will have time at the end of each day to visit the camp store where a variety of items are available for purchase. **You may send money with your camper or purchase a gift card for use at the camp store.**

## **PACKING LIST FOR OVERNIGHT CAMPERS**

• Necessities: Sheets & blankets or a sleeping bag, pillow, 2 towels, toiletries, bathing suit, modest length shorts, t-shirts, socks & undergarments, 2 pair of sneakers (in case one pair gets wet), shower shoes or flip flops, long pants, sweatshirt or jacket (it can be cold at night,) sunblock, water bottle, rain wear, flashlight, laundry bag and a backpack/bag (to put belongings in during the day).

**\*\* Campers may visit the camp store to make purchases, you may send spending money or purchase a gift card to use.**

• Optional : Ipad, Ipad, camera, snacks, magazine, and books.

### **LABEL ALL ITEMS WITH CAMPER'S NAME**

• Do Not Bring: Radios, video games, televisions, computers, pets, or weapons. Please note that any material which we perceive as inappropriate for camp will be held in the office until the end of the week. Blue Mountain Adventure Camp is not responsible for lost or stolen items.

## **MEALS**

All menus are child-friendly, nutritionally approved and served fresh each day. Accommodations for special dietary needs can also be made. **Please provide any dietary restrictions OR food allergies prior to arriving to camp** so we can prepare and accommodate your camper. Campers are allowed to bring snacks (do not bring any kind of nuts or peanut butter).

## **LOST & FOUND**

Blue Mountain Adventure Camp does not accept responsibility for lost and stolen items. Please do not send your child with items of great value. Please label all clothing and other items with your child's first and last name. Lost and found items will be collected on a daily basis. It is the camper's responsibility to check the lost and found for misplaced items. Items will be kept until the end of the summer season and then will be donated to a charitable organization.

## **DISCIPLINE & BEHAVIOR EXPECTATIONS**

Blue Mountain Adventure Camp has established rules which communicate our expectations that each and every camper strives to be caring, honest, respectful and responsible. We will treat all campers with love and respect. We will also work diligently with campers and parents to avoid conflicts in camp. However, there are some offenses that may warrant dismissal from camp. (If your child is sent home due to disciplinary problems a refund of the camp tuition will not be given.) These offenses include, but are not limited to:

1. The use or possession of cigarettes, alcohol, drugs, knives, guns, and/or other weapons.
2. Fighting or continual verbal assaults directed at campers or staff.
3. Blatant disregard for the authority of the camp staff and policies (i.e. the continued use of profanity, stealing, graffiti, and vandalism) (which if warranted, will be punishable by financial compensation).

4. Consistently disruptive behavior that interferes with the flow of the program, physically or emotionally harms others, or otherwise conflicts with the program rules and guidelines at Blue Mountain Adventure Camp.

In the event that your child is guilty of any of these offenses, the director will contact you and you will be asked to come immediately to camp to pick up your child. Your cooperation will be most appreciated.

If your child is sent home, he/she will not be eligible to return that summer and may not be allowed back the following summer based upon the director's discretion.

### **HEALTH ISSUES**

EMT is always available on the mountain daily. If a child arrives at the camp site ill, or becomes ill at camp, the parent or another authorized individual will be notified by the Camp Staff and a course of action will be determined. Sick children will be monitored under the supervision of the Camp Staff. You will be notified if your child requires outside medical treatment.

Please notify Blue Mountain Adventure Camp at (484) 633-5272 immediately should your child contract a communicable disease after his or her stay at camp.

### **MEDICATIONS: RESIDENTIAL CAMPERS ONLY**

All medications must be turned in to the Camp Director during the Camper Check-In process. Prescription medications must be provided in the original container that identifies the prescribing physician, the name of the medication, the dosage, and the frequency of administration. All medications, including over the counter items, must be in the original container and clearly marked with the child's first and last name, and must be given directly to the Camp Director. Inhalers may be kept with the child as long as a parent makes such a request in writing. Otherwise, inhalers will be kept by Camp Staff until needed. Any misuse or misplacement of the inhaler by the camper will be cause for the inhaler to be kept by Blue Mountain Adventure Camp.

Please note: Your child will not be permitted to stay at Blue Mountain if he/she has: a fever of 100 degrees, an unexplained skin eruption or rash, pink eye (conjunctivitis), vomiting, diarrhea, head lice or a communicable disease.

### **EMERGENCY PROCEDURES**

Emergency Procedures for fire, forest fire, disaster, severe weather, lost camper, medical emergency, intruders, transportation and evacuation are established in writing and are available for review upon request. Fire drills are practiced weekly throughout the summer.

The following procedures will be followed in an emergency medical situation:

1. A staff member will carry out immediate first aid and notify the Camp Director.
2. The Camp Director will notify the parent/guardian.
3. If parent/guardian cannot be reached or situation warrants immediate emergency assistance, a staff member will notify the designated physician and/or call the local emergency unit for treatment, accompany the child to the nearest hospital (Palmerton Hospital.)
4. An accident report will be completed and kept on file at Blue Mountain Adventure Camp.

## **TRANSPORTATION GUIDELINES FOR ALL CAMPERS**

There are occasions that require your child to be transported by our staff during his/her stay at camp (i.e., shuttle service, day trips, and emergency situations.) Please make sure that you and your child are familiar with following policies:

1. Vehicles must not exceed legal passenger capacity, including driver.
2. When available, seat belts must be worn at all times by all passengers.
3. Campers under 12 years old may not sit in the front seat of any vehicle.
4. Passengers must remain seated while vehicle is in motion, and all hands, heads, feet, etc. must be in the vehicle.
5. A Health Form must be on file for each passenger.
6. There must be one staff member for every seven campers.
7. All loose baggage, gear, and equipment must be securely stowed out of the way of campers.
8. No eating or drinking in vehicles.
9. Disruptive behavior will not be tolerated.

## **SHARING PHOTOS: FACEBOOK**

Our counselors love to take photos of the different types of adventures the campers experience every day! Many parents ask our staff to share these photos, so we thought the best way to share them is by a private Facebook page! By allowing parents to “friend” us on Facebook, you’ll get up-to-date photos and posts of what your child is doing that day.

We encourage you to tag yourself in your child’s photo and share with friends and family!

## **HOW TO FIND US ON FACEBOOK: Search – Joe Forte (Blue Mountain Adventure Camp)**

Please note: This Facebook page is PRIVATE. If you do NOT want your child’s picture posted on Facebook, please let us know on the consent form and the Camp Counselors will respect your wishes.

Please feel free to contact the Camp Administrator at 484-633-5272 or [adventurecamp@skibluemt.com](mailto:adventurecamp@skibluemt.com) with any questions and concerns.

We are excited to have your camper(s) join us this summer!